



Grief, Loss and Palliative Support Services

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The Fifth Season is a support service for people facing grief, loss and matters related to death, dying and the palliative experience: we support you and your loved ones at any stage of this difficult & unique journey.

Spring Talks Series

Living Well, Planning Well



- Help you talk, facilitating whānau conversations
- Help you clarify your values and priorities for living
- Paperwork: The Advanced Care Plan / Powers of Attorney
- Care with costs: cremation, funeral, wake, burial options

Bookings essential, places limited - \$25 per person, \$45 per couple

Thursday 24 October, Hurunui Memorial Library, Amberley, 10am-12pm

Death Café North Canterbury (deathcafe.com) Free



A free, safe and unique opportunity to discuss any aspect of death and dying with professional facilitation: no agenda, no product, no guest speaker, you bring the kōrero.

Sunday September 15, Hurunui Memorial Library, Amberley, 2pm.

